

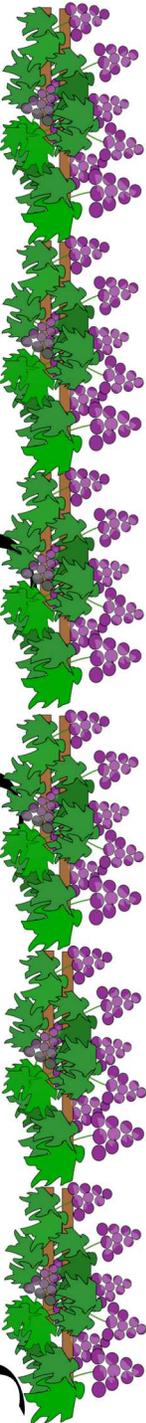


# Sedgefield Presbyterian Church



Responding gratefully through service in our community, worshipping our Creator and working to alleviate hunger in our neighborhood.

## September Grapevine



*"I am the true vine and my Father is the gardener." ~John 15:1*



I am absolutely enamored with the author Gregory Boyle and his books. I just finished reading *"Tattoos on the Heart: The Power of Boundless Compassion"*, and have started his latest, *"Barking to the Choir: The Power of Radical Kinship."* There is a story he tells that I believe captures the theology of our stewardship campaign season (Yes, it is already that time of year).

Here is a snippet of a conversation between Boyle and a young man in a juvenile probation camp, when Boyle asks him how he is doing, "Well," he says, "I'm a little low on faith."

This seems like an odd place to start, as the homies say, "right out da gate." But then he adds quickly, "You know what I do when I'm low on faith?"

I shake my head and lean in. My faith's gas tank has been known to hover at "E," so I wanted to know.

"I stand right here and I look at them mountains," he says. "I stare at the blue sky and white clouds. I breathe in this clean air."

He demonstrates all of this. "Then I say to myself, 'God did this.'"

He turns to me, with some emotion and a surfeit of peace. "And I know everything will be all right."

The open-handed thrill of knowing what God wants us to know.

If we use the working definition of faith from Hebrews 11: 1, then we begin with the belief that *"faith is the substance of things hoped for, the evidence of things not seen."* Throughout October we will be looking at Luke's account of the good news in hopes of understanding what Jesus is teaching his followers through the practice of not only faith, but also praise, prayer and humility.



How many times when you have been low on faith have you cried to God what the disciples said to the Lord, "Increase our faith!" (Luke 17:5-10) It seems in Boyle's story that the young man doesn't even cry out to God, he just understands to look toward God. He stops looking at his circumstances and looks towards the God who provides. It is good news that in our 'low on faith' moments that we can remember the fish and loaves story and see that "all ate and were satisfied" and recall when the disciples were told to "casts their nets on the right side of the boat," the nets were almost too full of fish to bring into the boat. In our 'low on faith' moments, Sedgefield also gets to remember stories of caring for the Montagnards, helping secure identification cards for neighbors, feeding hungry children, giving Christmas gifts and school supplies, and teaching families how to cook. God is at work and we are blessed to see what God has done.

In the October sermons, we will be studying Luke chapters 17 and 18. These readings will encourage us in our stewardship of the ministry and work of our church by pointing us back to God. Faith, praise, prayer and humility are practices to help us grow in our relationship with God. So in October, as we practice faith, praise, prayer, and humility, may it also spill over into the life and ministry of our church life together. I am looking forward to our time together...

Peace, Kim



- 4 Ana Atwater  
Geraldine Burch  
Andrew Bucior, III  
Pajé Jernigan
- 7 Holly Weeks Harding
- 10 Eleanor Wilson
- 12 Samuel Lester
- 16 Andrew Gehling
- 17 Susan Rikert
- 18 Jackson Bilbro
- 19 Daron Huddleston



- 20 Katie Atwater
- 21 Jane Wray
- 22 John Matto
- 24 Arley Mitchell
- 25 Jim Gehling  
Barbara Bucior
- 27 Emma Millard  
Seth Millard
- 30 Gin Reid Hall



- 5 Jessica & Arley Mitchell
- 10 Lindsey & Trent Griffin
- 19 Geraldine & Chip Burch

## Worship Assistants

OCTOBER	Lay Reader	Infant Care	Church School
6 Communion, Traditional, Team A	Julie Gehling	Norma Matto	Karen Johnson
13	Gin Reid Hall	Linda Price	Suzanne Thacker
20	Bob Halpin	Carol Reed	Gin Reid Hall
27	Leisa Huddleston	Charlotte Stone	Shani Lester

### Communion Assistants:

**Team A:** Sheryl Bell, Ellen Chelava, Zoe Dillard, Jim Gehling

**Team B:** Gin Reid Hall, Karen Johnson, Gene Lester, Jef Morgan

### OCTOBER Communion

#### Preparations:

Nancy Campbell & Carol Reed



**OCTOBER Greeters & Ushers:** Brent Priddy, Tim Anderson **OCTOBER Elder(s) on Call:** Gene Lester

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## Elders

### Session Class of 2019:

Zoë Dillard, Jim Gehling,  
Jef Morgan

### Session Class of 2020:

Gin Reid Hall, Gene Lester,  
Myra Montgomery

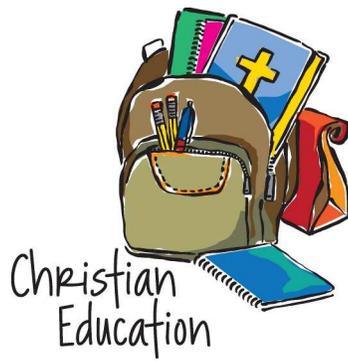
### Session Class of 2021:

Sheryl Bell, Ellen Chelava,  
Karen Johnson



## Adult Sunday School Classes

In October, the Adult Sunday School Class will continue their fall studies on the question of "What are the characteristics that make a "Christian" a "Christian?" by focusing on justice and the different types of justice.



### WELCOME TO FALL CHURCH SCHOOL, CHILDREN!



### CHILDREN'S CHURCH SCHOOL LAUNCHES INTO OCTOBER

Variety is the name of the game for Children's Church School this month.

Join us in the sanctuary at 11am, and following the Pennies for Hunger Offering and Children's Time, you are invited to explore these themes with us:

- October 6--Worldwide Communion Sunday and CROP Walk Sunday
- October 13--What can we do about hunger???
- October 20--Bread for the World Sunday
- October 27--Our Church Family



### Attention All Youth

I am excited that we will continue to meet with the youth of **Jamestown Presbyterian Church**. Middle School Youth will meet 4:30pm to 6:30pm with dinner included, and the High School Youth will meet at 6pm to 7:30pm. Kelsey Evans will be back with us!



## SPC Preschool

### Happy Fall Y'all! It's October!



This is one of our favorite times of the year here at the preschool. The children are settled into the routine of school. First we would like to thank the church for all the wonderful donations of paper, tissues and Clorox wipes and more! We really appreciate it! As you can see we received new mulch for the playground. The children and teachers were very excited. This was much needed and we want to thank everyone for making this possible.

Our threes and fours went on their first field trip for the year. They got to visit All-A-Flutter Butterfly Garden. The classes discovered that butterflies in the fall grow larger!

We look forward to having our fall pictures taken this month.

Our threes and fours will visit the pumpkin patch. The children always have so much fun at the pumpkin patch which includes story time and a hayride! We also will enjoy our annual visit from the firefighters. The firefighters do a fantastic job providing fire safety tips for our little ones.

Our Fall Fundraiser is here and will end Oct. 3. We are selling those ever popular Attraction Books for \$25.00. Please contact Korina McGill at 336.299.5353 if you are interested in making a purchase.





### Have Faith! End Hunger!

2019 Bread for the World Offering of Letters:  
"Better Nutrition, Better Tomorrow"



breadfortheworld  
HAVE FAITH. END HUNGER.

As a covenant church with Bread for the World (BFW), Sedgefield Presbyterian Church pledges to **JOIN, ACT, and PRAY**. . . .

On Sunday, October 20, 2019, the folks who are gathered for the 11 a.m. worship service will be invited to **JOIN** in the movement to **ACT** to end hunger by writing letters to our congressional representatives, urging those who represent us to also take action to see that all people—both in our country and in countries throughout the world—have access to the food needed to ensure healthy nutrition. This effort always calls us to **PRAY** literally for "bread for the world!"

On October 20, Rev. Frank Dew, a longtime advocate with BFW, will educate us from the pulpit as we are encouraged to care for all of our neighbors both locally and globally. The entire worship service will focus on the mission and ministry of Bread for the World and SPC's commitment to help **END HUNGER**. Please be with us as we **JOIN, ACT, and PRAY!**

### Session Snippets

The Session voted.....  
...to purchase a new AC unit for the Preschool and back hall area  
...to give the Preschool \$500 towards new mulch for the playground (total cost \$1550.00)  
...that the incoming class of Elders and Nominating Committee will have two for each.



*Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.~Desmond Tutu*

We give thanks that Bonnie Hensel continues to recover from cardiac bypass surgery; Karen Johnson is recovering at home after surgery to replace a joint in her wrist; We remember in prayer Dell Dixon, a major supporter of our Summer Lunch, Backpack Program, and a donor to Sedgefield Elementary School, who is dying from heart failure and kidney failure in Charlotte; Classie Meredith, Leslie Watkins, and Ruth Andrews, sister of JoAnn Smith. Please remember these people in your prayers.



Note: Prayer requests should be sent to the church office at [office@sedgefieldpresbyterian.org](mailto:office@sedgefieldpresbyterian.org).

### Nominating Committee

**The Nominating Committee will begin their work soon** to prayerfully discern the leadership of our church. Committee members are: **Zoe Dillard, Julie Gehling, Bruce Bingham, and Diane Weeks**. Ruling Elder Class of 2022 and Nominating Committee Information will be coming out soon to begin to collect thoughts and names to nominate for elder.

### According to the Book of Order - G-2.0301 Ruling Elder Defined

As there were in Old Testament times elders for the government of the people, so the New Testament church provided persons with particular gifts to share in discernment of God's Spirit and governance of God's people. Accordingly, congregations should elect *persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit*. Ruling elders are so named not because they "lord it over" the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leadership, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships.



### Sunday School Offering Helps Locally

Our congregation is a **GCAN (Guilford Congregational Assistance Network)** partner and we work with Greensboro Urban Ministry and the Salvation Army to meet emergency assistance needs of individuals and families in our community. Please remember your offering!



Please see article on Benevolence funds in this newsletter, page 8.

### Pennies for Hunger

The collection buckets are passed on the first Sunday of each month.

Other times, you can find the buckets near the pulpit; donations are accepted at any time!

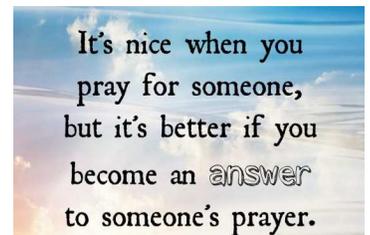


### And Potluck Dinner

September 29, 2019



Woohoo- Sedgefield Presbyterian Church completed our Presbytery's generosity training!  
**Thanks to Jim Gehling, Bruce Bingham, and Myra Montgomery for participating.**





### Attention All Cooks!

The volunteers taking part in this very important ministry prepare and deliver food to those who are ill, who have had a death in their family, or are recovering from a medical procedure.



To request help with a meal, or to volunteer, please contact Diane Weeks, at [dianeweeks54@gmail.com](mailto:dianeweeks54@gmail.com).

### Church Connections



A great team of volunteers send notes and goodie packages to our young adults so they know they are always in our prayers at SPC.



*The Congregational Care Team is once again requesting addresses of your young people who are away from home for college, military or other adventures. We have several teams who remember them throughout the year with cards and treats. It's a way to stay connected and let them know their church family misses them and is always rooting for them.*

Send addresses to [dianeweeks54@gmail.com](mailto:dianeweeks54@gmail.com)

*Note: New Day & Time*

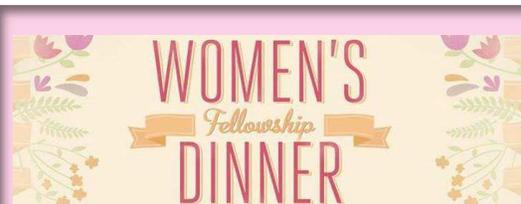
**Yoga with Ashley**  
Every **Tuesday**  
evening at **5:30 PM**  
in the Gathering Area



We welcome our first-time visitors! Volunteers for this ministry greet our visitors and give them information about our church and a package of Equal Exchange coffee.



Women of the church enjoyed the company of others at a lovely lunch at River Landing. There is a lunch held here periodically or at other local restaurants. Please watch for info!



All women of the church are invited to attend our monthly dinner on Monday night, October 28 at 6:30. We will meet at Santa Fe Restaurant on Gate City Blvd. This restaurant is just past the I-40 overpass. Please join us and feel free to bring a woman friend.



DO ALL THE GOOD YOU CAN, BY ALL THE MEANS YOU CAN,  
IN ALL THE WAYS YOU CAN, IN ALL THE PLACES YOU CAN,  
AT ALL THE TIMES YOU CAN  
TO ALL THE PEOPLE YOU CAN,  
AS LONG AS EVER YOU CAN.  
~John Wesley



### Cooking Matters News – October 2019

**THANK YOU!! THANK YOU!! THANK YOU!!** To those who gave so generously to support our Cooking Matters program! We now have our groceries covered for our fall course as well as our first course in 2020! You are an amazing congregation and we are grateful!

Our Fall Cooking Matters for Families course is right around the corner! Class dates are October 8, 15, 22, 29 & November 7, 12 from 6-8 pm. **We are still looking for 1-2 volunteers willing to help with clean up duty each week from 7:30-8:30. Let us know if this is a volunteer role you'd be interested in and which nights you'd be available.**

#### Cooking Matters Wish List – Fall 2019

- Cheese Graters (stand up box graters)
- Cutting Boards
- Cookie Sheets
- Mixing Bowls
- Muffin Tins
- Liquid Measuring Cups
- Dry Measuring Cups
- Measuring Spoons
- Vegetable Peelers
- Wire Whisks
- Pizza Cutters
- Kitchen Shears

Contact Ana Atwater at [ana@theatwaters.com](mailto:ana@theatwaters.com) to learn more about volunteer opportunities with the Cooking Matters ministry at SPC. For more information on the Cooking Matters program, visit [www.cookingmatters.org](http://www.cookingmatters.org).

**Don't forget to "Like" us on Facebook @  
Cooking Matters – Sedgefield.**

### Cooking Matters Feature Recipe

#### Homemade Granola

Recipe by: Chef Joyce Roland

#### Serving Size

Serves 9, 1/3 cup per serving

#### Ingredients

- 4 Tablespoons honey
- 2 Tablespoons canola oil
- ½ teaspoon ground cinnamon
- 2 cups old-fashioned rolled oats
- 4 Tablespoons sliced or chopped almonds
- Non-stick cooking spray
- ½ cup dried fruit (raisins, cranberries, apricots, dates, or prunes)

#### Materials

- Baking sheet
- Fork
- Large bowl
- Measuring cups
- Measuring spoons
- Medium bowl

#### Instructions

- Preheat oven to 350°F.
- In a large bowl, add honey, oil, and cinnamon. Whisk with a fork.
- Add oats and almonds. Stir until well-coated with honey mixture.
- Coat a baking sheet with non-stick cooking spray. Spread oat mixture evenly onto sheet.
- Bake until lightly browned, about 10–15 minutes. Stir every 5 minutes to cook evenly. Watch closely to be sure granola does not burn. Remove from oven. Let cool completely.
- Transfer cooled granola to a medium bowl. Stir in dried fruit.

#### Chef's Notes

- Make large batches. Granola can be stored at room temperature or in the refrigerator for up to 3 weeks.
- Add milk to granola and eat like cereal. Use it to top a fruit salad or nonfat plain yogurt. Or, pack single servings in a zip-top plastic bag. Eat on its own for a tasty afternoon snack.
- Use homemade granola in the [Yogurt Parfait](#) recipe.
- Use leftover rolled oats to make oatmeal for breakfast. Or, use in [Rolled Oats and Peanut Butter Cookies](#).

## DID YOU KNOW...?

- 1 in 5 (19.9%) of all people living in Greensboro live below the federal poverty threshold and 1 in 4 (21.8%) of children live in poverty? (The federal poverty threshold is an annual income of \$12,228 for an individual and \$24,563 for a family of 4. The poverty threshold doesn't come close to what a family of 4 needs to be self-sufficient.)
- 65% of Guilford County School students qualify for free and reduced priced meals, based on their family's income? (Children of lower income families know 50% fewer words at age 3 than their peers from high income families. This means they can be 1 ½ years behind their peers in development before starting kindergarten. Growing up under stress of poverty affects a child's ability to concentrate.)
- To afford a 2 bedroom apartment at fair market value in Greensboro/High Point area, a person working at minimum wage (\$7.25/hr) must work 79 hrs/wk?



The services we currently have in Greensboro are not sufficient to help families meet the need: waiting lists are often long, and limited or no funds are available to cover the full cost of the help a family needs. \*\*This information is from United Way of Greater Greensboro Poverty Quick Facts

### How do we (SPC) identify those who need help?

For more than 15 years our church has had a Benevolence Fund to assist those in our community who needed additional help to prevent eviction or utilities disconnection. Greensboro Congregational Assistance Network (GCAN) was established in the early 2000's and defines itself as "a unified way to reach out to our neighbors in need with compassion, while being good stewards and avoiding duplication efforts between agencies and congregations." We are 1 of 21 churches in Greensboro who partner with GCAN along with 11 community partners. One of the partner agencies interviews those who need assistance to determine their needs. When the needs are more than the agency can provide, a request is sent to the 11 participating churches to respond as they are able.

### How do we get money for our Benevolence Fund?

A special offering is received the 4th Sunday of each month for the Benevolence Fund. The Sunday School offering from the Adult Sunday School class also goes to the Benevolence Fund (September – May). Since January 1, 2019, our Benevolence Fund has provided 26 families/individuals with assistance for rent/utilities in the amount of \$2724.05.

*Truly I say to you, as you did it to the least of these my brethren, you have done it unto me. Matthew 25:40*

**Thank you for your continued support to this important mission of SPC!**



### CROP Walk—Save the Date!

**Sunday, October 6 2019-2:30 pm**

**Greensboro Coliseum Complex**

Imagine that you're in Kenya, walking to get water that you'll carry back home in a 5 gallon jerry can. Your family needs this water for drinking, bathing, preparing meals or watering the garden or livestock. Whatever the reason, 5 gallons of water weighs about 42 pounds, and you may have to walk miles to get it.

Having to use so much of your valuable time to carry water keeps you from growing more vegetables, raising more livestock or developing a business or going to school. There is only so much time in a day.

There's a solution, and you can be a part of it. **CROP** Hunger walks to help **Church World Service** work with communities to determine the best solution to their challenges. It could be a sand dam to help provide water.....livestock to help start a farm....or tools or seeds to help keep a family fed—and healthy.

### **Some ways your small steps can make a big difference:**

\$10 can provide a pair of rabbits, which are a great source of protein

\$50 can provide hoes, shovels and seeds—tools a family needs to grow a garden.

\$100 can provide 200 chicks, helping families find their way from need to nourishment.

**VISIT** <https://www.crophungerwalk.org/greensboronc/SPC> today to donate or donate at church. (Contact for more info: Norma Matto 336-317-0843; nm0843@yahoo.com.)



Life Line Screening, the nation's leading provider of preventive health screenings, will offer affordable, non-invasive and painless health screenings at Lutheran Church of Our Father on 10/30/2019.

A package of five screenings to identify risk for stroke, heart disease and other chronic conditions will be offered:

- Carotid artery ultrasound to identify plaque buildup in the carotid arteries, a major risk factor for stroke
- Abdominal aortic aneurysm ultrasound to identify presence of an enlargement in the largest blood vessel in the body
- An EKG to identify the presence of atrial fibrillation, which increases the risk for stroke
- Ultrasound of the lower legs to look for plaque buildup known as peripheral artery disease
- Ultrasound of the shin bone to identify risk for osteoporosis

These 5 vital screenings are offered for only \$149 and take 60-90 minutes to complete. Register by calling toll free 1-888-653-6441, visit [www.lifelinescreening.com/communitycircle](http://www.lifelinescreening.com/communitycircle), or text the word "circle" to 797979.



### HOT DOG TUESDAY

EVERY Tuesday (January– November)

11:30 am - 1:30 pm

Hinshaw United Methodist Church

4501 W. Gate City Blvd.

(formerly High Point Road)

**BENEFITS LOCAL HUNGER**



Please continue (or begin) to save your qualifying box tops for Sedgefield

Elementary School. Click on the

following link, choose Media Center, then click on "Box tops" for more information.

[http://www.edlinesites.net/pages/Sedgefield\\_Elementary/About\\_Us](http://www.edlinesites.net/pages/Sedgefield_Elementary/About_Us)



**Save the date....Saturday, October 19, between 10:00 am and 6:00 PM.**



#### Feeding the Community

Please mark your calendars for this opportunity to participate in the Fall Food Drive for the Greensboro Urban Ministry. We will need 8 volunteers to contribute 2 hours each.

Last year GUM provided grocery assistance to 22,900 families and over 42,000 individuals. It is only through our generosity and support that they are able to meet this high demand for food assistance. Let's make the choice to be part of this program!!

Watch bulletins for sign-up sheets or contact Ellen Chelava at 336-554-1028 or [chelava41@gmail.com](mailto:chelava41@gmail.com).

### Go ahead and get it on your calendar!

We will be exploring our faith through the Enneagram framework.

**Hosted by: Sedgefield Presbyterian Church and Our Father Lutheran Church**

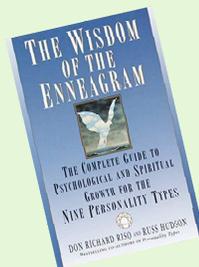
**Facilitated by: Marilyn Wolf, M.Ed**

**Dates: Oct 27, Nov 3, and Nov 17 from 3pm-5pm**

**This is open to the public- please bring a friend.**

#### What is the Enneagram?

The ancient symbol of the Enneagram has become one of today's most popular systems for self-understanding, based on nine distinct personality types. Now, two of the world's foremost Enneagram authorities introduce a powerful new way to use the Enneagram as a tool for personal transformation and development. Whatever your spiritual background, the Enneagram shows how you can overcome your inner barriers, realize your unique gifts and strengths, and discover your deepest direction in life.



Go ahead and get your book!

#### Information about Marilyn Wolf, M.Ed.:

Marilyn is the founder and director of *The School at Space for Conscious Living*. Her transformative experiences since 2009 led her to retire as a psychotherapist after 28 years in order to help others in their spiritual journeys. She is an integrative energy work practitioner, a seasoned Enneagram teacher, and is certified by the Servant Leadership School of Greensboro where she also taught for five years. She is gifted for gathering people into community for shared exploration, learning, dialogue and support.



# October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 5:30 Yoga	2	3	4	5
6 PFH Communion; CROP Walk 2:30; Cooking Matters registration 4-6	7	8 5:30 Yoga; 6-8 Cooking Matters	9	10	11	12
13	14	15 5:30 Yoga 6-8 Cooking Matters KIM OUT-Credo	16 KIM OUT-Credo	17 KIM OUT-Credo	18 KIM OUT-Credo	19 10 am-6 pm, GUM Food Drive at Harris Teeter  KIM OUT-Credo
20 KIM OUT-Credo	21 KIM OUT-Credo	22 5:30 Yoga; 6-8 Cooking Matters	23	24	25	26
27 Commitment Sunday BBQ After Worship 3-5 pm Enneagram Class—Light Snacks; Location TBA	28 Women's Dinner at Santa Fe 6:30 pm	29 5:30 Yoga; 6-8 Cooking Matters	30 Life Line Screening at Lutheran Church of Our Father  SWC set up for rummage sale Sale is Nov. 2	31  Halloween  SWC set up for rummage sale	Coming Up: Saturday, November 2, Sedgefield Women's Club Rummage Sale	

## Sedgefield Presbyterian Church

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Church Email: office@sedgefieldpresbyterian.org Church Website: www.sedgefieldpresbyterian.org



**Kim Priddy, Pastor**

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PastorKimspc@gmail.com

**Andrew Bucior, Jr., Music Director**

**James K. Wilson, Jr., Pastor Emeritus**

**Korina McGill, Preschool Director**

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**Rev. Frank Dew, Peace and Justice Advocate**