

Sedgefield Presbyterian Church



Responding gratefully through service in our community, worshipping our Creator and working to alleviate hunger in our neighborhood.

gardener the <u>.v</u> Father On July 30, 2020, Senator John Lewis's final essay was published by the New York Times. He left behind wise words from his experiences and dreams of freedom for our country. I hope that you have had time to listen and read his words. His life's work was to form a more perfect union of general Welfare and Blessings of Liberty. Lewis shared the dream of Martin Luther King Jr. of freedom for all, so that no one's race, gender, age, language, and nationality would be their cross to carry. Early in his career he led the Nashville Student Movement, Freedom Riders, Student Nonviolent Coordinating Committee (SNCC), March on Washington and went on to serve our government in Georgia's 5th Congressional District for 34 years.

Lewis writes that, "Ordinary people with extraordinary vision can redeem the soul of America by getting in what I call good trouble, necessary trouble." Lewis, an ordinary short man indeed had a powerful tall vision that believed that it was necessary trouble to proclaim Black Lives Matter and declare "Voting is powerful...there is no justice until there is justice for all." He envisioned a "world society at peace with itself." Good trouble calls out the hypocrisy in our systems, cares for our Covid-19 victims, and writes letters to their congress with concerns of caring for the least and the left out.

In the gospel narrative we discover that the life, ministry and death of Jesus was about getting into good trouble. Jesus saw it was necessary to trouble the waters by challenging the status quo and calling out the deficiencies in systems that oppressed persons. One of my favorite ways Jesus led the movement - "on earth as it is in heaven" - was to challenge the Sabbath laws. According to Ten Commandments the Sabbath was a Holy Day set apart, where no work was allowed. Therefore, when Jesus healed on the Sabbath is was considered work. However, Jesus got into necessary trouble to heal persons because it was indeed troubling to allow anyone to go an extra day unhealed. Jesus interpreted the Sabbath as a divine order that gave life rather than restrict life. John Lewis literally was following in the footsteps of Jesus by getting into good and necessary trouble.

When colleagues and newcomers ask me to describe SPC, I always say that we are a faith community who likes to minister and love those in our community. I now will say we are Jesus followers who like getting into "good trouble." SPC reaches into the shadows of our community and helps provide immigrants with Identification Cards, we go down the street to minister and serve the children at Sedgefield Elementary, and we pack up lunches and enrichment programs during the summer for children at Colts Run Apartment. Good trouble is living the gospel, giving neighbors the freedom to live in perfect union of general Welfare and Blessings of Liberty.

Let us go and find some good trouble, the world needs us.

Peace, Kim



- 2 Kathy Slomka
- 3 Diane Weeks Roger Montgomery
- 5 Rob Alderson
- 12 Classie Meredith
- 13 Emily Mitchell
- 15 Carly Eklund
- 17 Craig Hensel18 Kay Perry
- 18 Kay Perry25 Brent Priddy
- 26 Morgan Hayes
- 30 Rosalino Matto Sarah Reed
- 31 Jenny Ritter Fred Brown

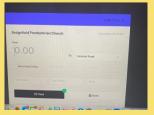
Happy Amiversary!

- 3 Myra & Roger Montgomery
- 8 Charlotte & John Stone
- 19 Brenda & Rob Alderson





We are happy to announce that we are now able to accept online donations! Just check our website www.sedgefieldpresbyterian.org. or our Facebook page.





Flders

Session Class of 2020:

Gin Reid Hall, Gene Lester, Myra Montgomery

Session Class of 2021:

Sheryl Bell, Karen Johnson

Session Class of 2022:

Chip Burch, Jim Gehling















in our Thoughts & Prayers

Note: Prayer requests should be sent to the church office at ofice@sedgefieldpresbyterian.org.

Please continue your prayers for our country and our world while we struggle with this COVID-10 virus; for strength and wisdom from our leaders and special protection to those who may be more susceptible to illness.

Please pray for Diane Pelt Williams, the aunt of a friend of Karen Johnson. She is having complications from a recent surgery. Please keep Sean and Amanda Stevens in your prayers. She is 4 months pregnant and just found out their baby has Spina Bifida.



Faithfully Uncomfortable: A 21-Day Journey Toward Racial Equity

We hope you have joined us on this journey of learning and moving toward ending racism, prejudice and discrimination. If you have not participated and would like to do so, see the email from the church on June 22nd or go to the church's website

(www.sedgefieldpresbyterian.org) and click on the **Faithfully Uncomfortable** link. In view of the nation's conscious being

elevated about race and racism, we would like to have an open, honest, and Christ-like conversation on race, ethnicity, and racism in this country. This conversation is not about politics, instead we would like it to be a conversation to increase our understanding of racism; including sexism and ageism. It is also important for each of us to evaluate and reflect our position on racism, and how we plan to improve our relationships with respect to race.

We would like get your thoughts, comments and concerns. David Boger and John Stone will be hosting a Zoom meeting at 2:00 Wednesday, August 5th.

Here's how to connect to the Zoom meeting.

Topic: Racial Equity

Time: Wednesday, August 5, 2020 02:00 PM Eastern Time (US and Canada)

- ⇒ Join Zoom Meeting https://us02web.zoom.us/j/88487392764?pwd=OVhpTUNgRnpTNXNIWGQwa2ZPK2Rzdz09
- ⇒ Meeting ID: 884 8739 2764
- ⇒ Passcode: 486006
- ⇒ One tap mobile
- ⇒ +13017158592,,88487392764#,,,,,0#,,486006# US (Germantown)
- ⇒ +13126266799,,88487392764#,,,,,0#,,486006# US (Chicago)
- ⇒ Dial by your location
- ⇒ +1 301 715 8592 US (Germantown)
- ⇒ +1 312 626 6799 US (Chicago)
- ⇒ +1 646 558 8656 US (New York)
- ⇒ +1 253 215 8782 US (Tacoma)
- ⇒ +1 346 248 7799 US (Houston)
- ⇒ +1 669 900 9128 US (San Jose)
- ⇒ Meeting ID: 884 8739 2764
- ⇒ Passcode: 486006

We also plan to have an outdoor gathering on **August 16th at 7:30** to discuss the issues further.



Beginning Sunday, August 23- join us for worship!

We will meet outside using our Beautiful outdoor space and shade. We will practice social distancing.

Worship begins at 9:30 am

INCOME			В	udget Janu-	Actual		
			Budget	ary - July	January -July D	ifference	
Pledges		\$120,920.00	\$70,536.67	\$73,011.13	\$2,474.46	Thank you!	
Non-Pledge		\$7,000.00	\$4,083.33			Thank you for	
Looseplate		\$3,500.00	\$2,041.67			your continued	
Building Use		\$3,000.00	\$1,750.00	•	• • • • • • • • • • • • • • • • • • • •	giving to the	
Ü		TOTAL INCOME	\$134,420.00	\$78,411.67	·	• • • • • • • • • • • • • • • • • • • •	church and
				· ,	. ,	. ,	ministries of
EXPENSES							SPC. Our biggest
						challenge this	
	- 1	PERSONNEL EXP	4	4	4		year is that we
Minister	Salary		\$18,000.00	\$10,500.00			are behind in
	Housing		\$31,000.00	\$18,083.33			loose plate
	Prof Exp		\$2,500.00	\$1,458.33			giving and
	Auto		\$3,000.00	\$1,750.00			building use
	Benefit		\$19,425.00	\$11,331.25		• • • • • • • • • • • • • • • • • • • •	income. We
		Minister Total	\$73,925.00	\$43,122.92			offer to God our
Music	Salary		\$11,800.00	\$6,883.33		• • • • • • • • • • • • • • • • • • • •	gifts, big or small, trusting
	Prof Exp		\$200.00	\$116.67	•	•	that they will be
_		Music Total	\$12,000.00	\$7,000.00			used in ways
Youth/Intern		\$2,000.00	\$1,166.67			beyond all we	
Supply Pa			\$600.00	\$350.00	· ·	• • • • • • • • • • • • • • • • • • • •	could ever hope
Staff	FICA		\$1,000.00	\$583.33	·	(\$207.20)	or imagine.
		Total Other Personnel	\$3,600.00	\$2,100.00	\$376.13	(\$1,723.87)	
		Total Personnel	\$89,525.00	\$52,222.92	\$50,235.87	(\$1,987.05)	
PROGRAMS						If you would like a	
Christian ED			\$500.00	\$291.67	•	• • • • • • • • • • • • • • • • • • • •	copy of your
Congregational Care			\$500.00	\$291.67	·	•	Yearly Statement
Worship			\$2,500.00	\$1,458.33		(\$624.86)	(through July) please
		Total Programs	\$3,500.00	\$2,041.67	\$955.33	(\$1,086.34)	let
OPERATING EXPENSES							Linda Price know.
Church Insurance		\$9,500.00	\$5,541.67		-	linda-	
Duke Power		\$9,000.00	\$5,250.00		• • • • • • • • • • • • • • • • • • • •	price452@gmail.com	
Garbage		\$2,000.00	\$1,166.67				
Janitoral supplies		\$50.00	\$29.17	•	• • • • • • • • • • • • • • • • • • • •		
Office Supplies		\$200.00	\$116.67	•			
Office Equipment		\$1,000.00	\$583.33				
Pest Control			\$600.00	\$350.00	•	•	
Piedmont Natural Gas			\$6,000.00	\$3,500.00			
Postage			\$400.00	\$233.33	•	•	
Salem Presbytery Pledge			\$2,000.00	\$1,166.67		•	
Repairs/Maintenance			\$4,000.00	\$2,333.33		(\$1,602.33)	
Telephone			\$2,000.00	\$1,166.67			
Water		\$3,300.00	\$1,925.00				
Miscellaneous			\$250.00	\$145.83		•	
Total Operating Exp			\$40,300.00	\$23,508.33		(\$3,211.27)	
TOTAL EXPENSES		\$133,325.00	\$77,772.92	\$71,488.26	(\$6,284.66)		
		DIFFERENCE	\$1,095.00	\$638.75	\$8,593.93	\$7,955.18	



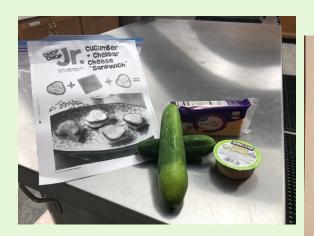




While we were disappointed that we were unable to have an in-person Cooking Matters course this summer, we still managed to find a creative way to reach out to our community and share some helpful nutrition and cooking instruction. The SPC Cooking Matters team tag-teamed with the SPC Summer Lunch Program and created take-home packets for participants. Each week a packet was sent home with each child that contained fun nutrition activities to complete at home. Each family also received a recipe each week along with some or all of the ingredients to try the recipe at home. (See picture below.) Also one of the recipes we shared is below.....Crispy Chickpeas. We encourage you to make this tasty, nutritious snack at home for your family!

In addition to our summer lunch take home packets, we continue to encourage everyone to take advantage of the online resource, **Cooking Matters at Home**. As we are spending more time at home with limited availability to groceries, **Cooking Matters at Home** offers ideas for how to use the foods we have available to create family-friendly, low-cost meals. Check it out by downloading this free resource at https://cookingmatters.org/cooking-matters-home.

Also, don't forget to "Like" us on Facebook @Cooking Matters-Sedgefield. We will be sharing Cooking Matters Live segments that provide lots of helpful tips that we can all use.



Above: One day the children received a packet containing the ingredients for a Cucumber & Cheese sandwich and instructions on how to make it. Right: Recipe of the week.

Crispy Chickpeas

These make a delicious snack—or you can try substituting crispy chickpeas for croutons in your next salad! They're tasty, healthy, and crunchy, and they add a lot of flavor.

ACTIVE TIME: 20 MINUTES • TOTAL TIME: 30 MINUTES • MAKES: 1 CUP

KITCHEN GEAR Can opener

Can opener
Colander or sieve
Paper towels
Medium-sized skillet
Measuring spoons
Heatproof spatula
Cutting board
Sharp knife



Cook the Cover!
We made our salmon salad from leftover Poached
Salmon over a green salad with Basic Salad Dressing (page 18) and these Crispy Chickpeas standing in for croutons.

INGREDIENTS

- 1 (15-ounce) can chickpeas, drained and rinsed
- 2 tablespoons olive oil
- ½ teaspoon kosher salt
- 1 garlic clove, peeled and minced or 1/4 teaspoon garlic powder (optional)

INSTRUCTIONS

- 1. Put a double layer of paper towels on your clean counter, and spread the chickpeas on them to dry a bit (this will make crisping them easier).
- 2. Put the skillet on the stove and turn the heat to medium. Add the oil and when it is hot, add the chickness and salt.
- 3. Cook the chickpeas, turning them with the spatula every few minutes at first, and then more often as they start to crisp up. It will take 10–15 minutes to get them really brown and crisp.
- 4. Turn off the heat and stir in the garlic or garlic powder, if you're using it. Set aside to cool a bit before eating or adding them to your salad.

seasoned FALL 2017 11



Welcome to Summer Lunch!

Tuesday - Wednesday - Thursday July 14 - Aug 6 12:00-12:30

Because of the Covid-19 virus, summer lunch will be very different this year.



- □ Social Distancing (6' apart) will be observed.
- Please wear a mask if you have one.
- ☐ You will pick up a bag lunch and take it to your apartment (no eating under the tree this summer).
- □ Sorry, but there will be no activities after lunch (fire trucks, chalk, bubbles, Kona Ice etc.).

If you do not feel well, please ask someone to bring your lunch to you. WE MUST KEEP EVERYONE SAFE AND HEALTHY!

We look forward to seeing you July 14.

Your friends at Sedgefield Presbyterian Church This year's summer lunch program was different, but I liked it. Last year, there were so many activities to keep everyone from being bored. It gave me a good feeling to see my friend from last summer and to see smiles on every single kid's face.

~Avery Harkleroad







Charlotte and I were shopping at Wal-Mart for items to put in school backpacks for children/youth identified by FaithAction whose families need assistance buying school supplies. We had around 20 each of everything from pencils and paper to binders, notebooks and glue sticks. We knew it would take a while to get through the checkout line. A lady came up behind us and Charlotte told her we had a lot of items and she might want to get in a different line, which she did. Then a man came

in line behind us as our items were being checked and Charlotte also told him the same that we had a lot and he might want another line. He asked "Are you buying these for a church?" She explained that our church provides backpacks filled with school supplies for children who wouldn't likely be able to afford them. Rather than moving to another line, he waited patiently. Then he reached into his pocket, handed Charlotte some cash and said he would like to help.

Thank you to those in our congregation who helped make this happen. The Benevolence Ministry Team will fill the backpacks next week and deliver them to FaithAction,



Sedgefield Presbyterian Church

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