



Sedgefield Presbyterian Church

Responding gratefully through service in our community, worshipping our Creator and working to alleviate hunger in our neighborhood.

September Grapevine



"I am the true vine and my Father is the gardener." ~John 15:1

"The Lord is gracious and merciful, slow to anger and abounding in steadfast love. The Lord is good to all, and his mercy is over all that he has made." Psalm 145: 8-9



There once was a man who offered a prize to the artist who would paint the best picture of peace. Many artists tried. The man looked at all the pictures. But there were only two he really liked, and he had to choose between them. One picture was of a calm lake. The lake was a perfect mirror for peaceful towering mountains all around it. Overhead was a blue sky with fluffy white clouds. All who saw this picture thought that it was a perfect picture of peace. The other picture had mountains, too. But these were rugged and bare. Above was an angry sky from which rain fell and in which lightning played. Down the side of the mountain tumbled a foaming waterfall. This did not look peaceful at all. But when the man looked closely, he saw behind the waterfall a tiny bush growing in a crack in the rock. In the bush a mother bird had built her nest. There, in the midst of the rush of angry water, sat the mother bird on her nest—in perfect peace. Which picture do you think won the prize? The man chose the second picture. Do you know why? "Because," explained the man, "peace does not mean to be in a place where there is no noise, trouble, or hard work. Peace means to be in the midst of all those things and still be calm in your heart. That is the real meaning of peace."



We are forever given two pictures in life. Unfortunately, we often pick the wrong one for the prize. We think that if the pandemic were to cease and people wouldn't be so harsh about picking political sides that the world would be like the calm lake mirroring the mountains- and maybe so. But what if we could find the peace of the mother bird that amongst the chaos of Covid-19, homeschooling, political debates, Black Lives Matter, and natural disasters?

The psalmist is quite acquainted with storm, disease, and death. He knows enough history, enough violence, oppression, enslavement, exploitation to have his faith tested. But through it all, his faith has endured whatever the experience. Despite material loss, physical suffering, spiritual distress, the psalmist proclaims, "The Lord is good to all and his mercy is over all that he has made."

Our faith will help us to choose the right picture. It is the picture of faith that reveals that there is a God that rules with a hand of power and a heart of love. It is the portrait of faith that tell us that God will have the last word, and this God is the God of the mountains and the valleys. The man looked at all the pictures. But there were only two he really liked, and he had to choose between them. The psalmist has chosen the picture of God in charge ruling with mercy and goodness. May we also choose (most of the time daily) the right picture, the one that reminds us that "The Lord is gracious and merciful..."

Peace, Kim Priddy



Birthdays

- | | | | |
|----|------------------|----|------------------|
| 2 | Davis Brazelle | 24 | David Harkleroad |
| 5 | Jo Ann Smith | | Addison Burch |
| 11 | Karen Johnson | | Jan Brown |
| 14 | Ashley Hyers | 25 | Patrick Gehling |
| 15 | Suzanne Thacker | | Rachel Walter |
| 18 | Kayla Alderson | 26 | Katherine Lynch |
| 20 | Jessica Mitchell | 27 | Claire Freeman |
| | | | Ruby Johnson |

September

anniversaries

28 Sharon & Bud Turcot



Our Worship Space is in our backyard, in between the vegetable and flower gardens.

How blessed we are to have this peaceful space! We have held our worship here the past two Sundays and have had a good turnout both times. MANY thanks to Bill and Nancy Halpin for their excellent carpentry skills and the time they contributed to building and rebuilding benches and a beautiful flower pot with cross.

Please join us when we meet next time in the garden. Wear a mask; use the benches or bring lawn chairs.

Sunday, September 6, 2020

9:30 am



BANDEMIC OUTDOOR CONCERT

Sunday September 20th

5-7pm in the SPC Parking Lot

Come and Invite Friends!

Socially Distance & Bring Your Mask



Please continue your prayers for our country and our world while we struggle with this COVID-10 virus; for strength and wisdom from our leaders and special protection for those who may be more susceptible to illness.

Please pray for Suzanne Thacker's and Clara Turner's family. Suzanne's brother, Fred Turner (Clara's son), died in August.

Note: Prayer requests should be sent to the church office at office@sedgfieldpresbyterian.org.



The Nominating Committee will soon begin their work to prayerfully discern the leadership of our church. Committee members are: Karen Younts, Leisa Huddleston and Chip Burch. Please review the information below about Ruling Elder Class of 2023 and Nominating Committee and prayerfully begin to collect thoughts and names to nominate for elder and nominating committee members.

According to the Book of Order - G-2.0301 Ruling Elder Defined

As there were in Old Testament times elders for the government of the people, so the New Testament church provid- ed persons with particular gifts to share in discernment of God’s Spirit and governance of God’s people. Accord- ingly, congregations should elect *persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit.* Ruling elders are so named not because they “lord it over” the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leader- ship, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships.

Prospective Elder:

- They reflect the love of Christ in their lives.
- They have already shown their commitment by investing themselves actively and regularly in the church’s life through worship, stewardship of talent and resources, fellowship, and service (teaching, caregiving, work with children and youth, music ministry, outreach, committee work, etc.)
- They are able to commit to a three-year term. The Session meets monthly, at 8:00 a.m. on the first Sunday of the month, with occasional called meetings at other times. Each elder serves on a ministry team which meets as needed. Elders will communicate regularly to the congregation about the work of their committee through The Grapevine or “minutes for mis- sion”; serve communion monthly and for special services during the year; extend a welcome to visitors and new mem- bers; attend at least one meeting of Presbytery during their term.
- They will pledge to pray for the church and for God’s will.
- They are cooperative in spirit, open to new ideas, willing to learn from others, dependable.
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Nominating Committee:

Each year, the congregation elects a Nominating Committee to make recommendations for the upcoming class of Elders and for other needs during the year. According to The Book of Order (G-14.0202b), *nominations shall be made by a representative committee of active members of the church, which shall include both women and men, giving fair representation to persons of all age groups and of all racial-ethnic members and persons with disabilities who are members of that congregation. At least 2 members shall be elders designated by the session, one of whom shall be currently on the session and serve as moderator of the committee. ... Other members of the committee, in sufficient number to constitute a majority thereof (exclusive of the pastor), shall be chosen by the congregation or by such organizations within the church as the congregation may designate.... The pastor shall be a member of this committee, serving ex officio and without vote. The nomi- nating committee shall be chosen annually and no member of the commit- tee shall serve more than 3 years consecutively.”*

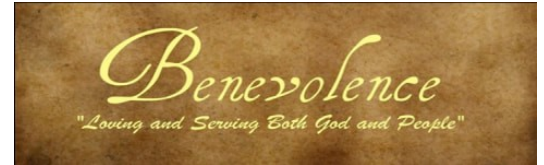
Elders

Session Class of 2020:
Gin Reid Hall, Gene Lester,
Myra Montgomery

Session Class of 2021:
Sheryl Bell,
Karen Johnson

Session Class of 2022:
Chip Burch, Jim Gehling





WOW! 400 free lunches!

Each of the 4 Tuesdays during our Summer Lunch program, Mary arrived with 100 lunches from Jake's Diner to be served to our children/youth at Colt's Run Apartments. Two summers ago, lunches for one day were purchased from Jake's Diner and Mary, owner of the 3 diners, brought the meal to the apartments and stayed to visit and learn about our program.. At that time she said, "we would like to help". This summer the 400 "Grab 'n Go" lunch bags included an entrée and 2 sides, all at no cost to us! We are very grateful to Mary and Jake's Diner for their generosity.

For 4 summers Jim Waynick of Hinshaw UMC provided 2 "Hot Dog Tuesday" lunches at no cost. Other community restaurants who provided meals at an affordable costs included Pavilion, Papa John's Pizza and Golden Corral. For 6 summers, Jackie, owner of Adams Farm McDonald's, donated apple slices to be served on 2 pizza days.

Since we were not able to have outside enrichment activities, Sharon Turcot and Ana Atwater provided a "take home" craft and Cooking Matters bag for each child each week. Sharon's arts/craft bags included make your own face mask from socks; nail care/game in a colorful drawstring backpack; art tablet/markers; and supplies to make colorful butterflies. Brian, a 5th grader, reminded us that Mrs. T helped them make butterflies each summer. "I also remember when Mrs. T came to have art with my Kindergarten class at Sedgfield Elementary each Friday." Mrs. T has reached out to MANY children for many years, sharing her love and artistic talents.

Ana Atwater, Norma Matto and 2 of the Cooking Matters helpers, Donna Church and Raigan Stiefel, created a healthy and creative Cooking Matters bags each week. The four kits included: Fruit for All (make a fruit clown face activity kit, fruit and vegetable activity sheets); Introducing MyPlate (MyPlate included activity sheets with stickers and Turkey Taco recipe with a zucchini and spices included); Mixing It Up (cucumber snacking ideas. Kit included fresh cucumbers, cheese and hummus, healthy snacking activity sheets and Chop Chop magazine.) and Protein power (crispy chickpea recipe with ingredients to take home and protein activity sheets.) These Cooking matters activity kits to do at home were a very special part of the Summer Lunch program!

In addition to the craft and Cooking Matters bags, the kids received bags with school supplies, fun items to play with and a surprise bag with a stuffed animal. As Avery filled the bags with stuffed animals, many of which had belonged to her, she wanted other children to enjoy them like she did.



We are especially grateful to all those who had a part in helping make this unique 2020 Summer Lunch successful, providing not only food, but showing love for those in our community. Many thanks to Ana Atwater, Geraldine Burch, Jean Coley, Zoe Dillard, Gin Reid and Scott Hall and Shamoya, Scott's coach, Leisa Huddleston, Michelle Harkleroad. Kim Priddy, John and Charlotte Stone, Sharon Turcot, Ana Wells and youth helpers, Avery Harkleroad, Kimberly and Alex Balbuano and Heidi, Fernando and Suri.

Pictured at left: (L-r) Avery, Heidi, Suri, and Fernando, Youth Summer Lunch Helpers



More Photos from the Summer Lunch Program at Colt's Run Apartments



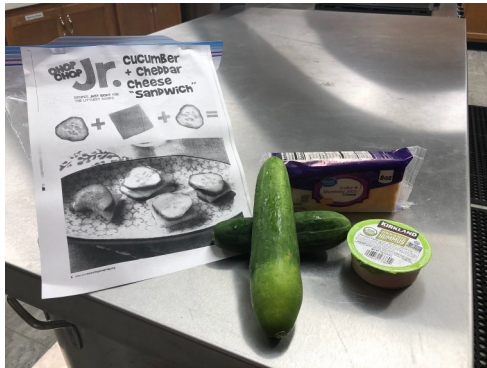
Above: Kimberly and Heidi, handing out colorful drawstring backpacks prepared by Mrs. T.



Left: Ana, handing out Cooking Matters bags to families



Right: Volunteers distributing Hot Dog Lunch provided by Hinshaw UMC.



Above: The kits provided to the children that included ingredients and instructions to make a healthy snack at home !



What a joy it was to tag team with the Summer Lunch program and provide nutrition enrichment packets for our friends at Colt's Run this past summer! Thank you to Donna Church and Raigen Stiefel for their help in assembling the packets each week and to Norma Matto for helping with lesson planning.

Due to Covid 19 restrictions, we will not be able to have our in person fall Cooking Matters course. We are disappointed but are looking at other creative options for connecting with potential participants in our community. Stay tuned for updates.

COOKING MATTERS®



Cooking Matters Recipe of the Month

Sweet Potato Shepherd's Pie



Recipe follows on next page.....

Serving Size

Serves 6, 1 1/3 cups per serving

Ingredients

Topping

4 medium sweet potatoes (2 1/2 pounds total)

1/4 cup nonfat milk

1 1/2 teaspoon canola oil

1/4 teaspoon salt

1/8 teaspoon ground pepper

Filling

8 ounces mushrooms

1 small onion

3 cloves garlic

1 1/2 pounds 93% lean ground beef or turkey

1 teaspoon dried thyme leaves

1/4 cup all-purpose flour

1 (15-ounce) can reduced-sodium chicken broth or beef broth

3 Tablespoons Worcestershire sauce

1 cup fresh, frozen, or canned green peas

1/4 teaspoon salt

1/4 teaspoon ground pepper

Optional Ingredients:

1/8 teaspoon ground cinnamon

Instructions

1. Preheat oven to 450 degrees F. Coat a 9-inch baking dish with cooking spray.
2. Scrub potatoes and pierce several times with a fork. Place in a 9x13-inch baking pan and bake until soft, 45 minutes to 1 hour. Let cool while you make the filling.
3. While the sweet potatoes are baking, wash and slice mushrooms. Peel onion and garlic. Dice onion. Mince garlic.
4. While the sweet potatoes are cooling, in a large skillet over medium-high, cook beef or turkey, mushrooms and onion, crumbling the meat with a spatula or wooden spoon as it cooks, until the meat is no longer pink, about 30 minutes.
5. In a colander, drain off liquid and return to pan. Add thyme and garlic and cook for 30 seconds. Sprinkle with flour and stir to coat. Add broth and Worcestershire sauce and bring to a simmer. Cook until mixture thickens, 2 to 3 minutes. Stir in peas, salt and pepper. Transfer to the prepared baking dish.
6. Peel the cooled sweet potatoes and place in a medium bowl. Add milk, butter, cinnamon (if using), salt and pepper. Mash with a fork until smooth. Spread over the filling. Bake until hot and bubbling at the edges, 30 to 40 minutes. Let cool 10 minutes before serving.

Chef's Notes

Serve this meal with a tossed salad.

Substitute another green vegetable for the peas if you prefer—spinach, green beans, edamame or lima beans are all good options.

While sweet potatoes add plenty of vitamin A to this dish, you could certainly use regular potatoes instead, which are rich in potassium and vitamin C. If you use regular potatoes, you can leave the skin on in step 5.

This dish reheats well so consider making it over the weekend and reheating it on a busy weeknight. Prepare through Step 4, cover with foil and refrigerate for up to 3 days. Reheat, covered, at 350F until hot throughout.



The Sunday Serve group is still meeting

at SPC on Saturdays to put together meal bags and/or necessity bags that are given out to our less fortunate friends downtown. They do this every other Sunday now; it's much needed in these uncertain times. We could not possibly say thank you to everyone that donates food, toiletries, blankets, it is definitely a village.

Jamestown Pres makes 100 sandwiches once a month for us. Kim joined us on Sunday morning two weeks ago to give out food bags and reconnect with friends. Thanks to SPC for letting us use the facilities and to its members that donate items. We can always use individually wrapped food items such as fruit cups, applesauce, chips and travel size toiletries.

For more information, contact Karen Johnson at 336-317-2786.



Remember that the happiest people are not those getting more, but those giving more.

In
The
Mail



On behalf of our Sedgefield community, I want to extend my gratitude to all of you for providing this program—for the 8th year in a row—at Colt's run apartments. Your kindness, time, and generosity does not go unnoticed. Despite all challenges, you continue to love, serve, and protect our students and their families.

With gratitude,
Ana Wells

(Note: Ana is Dual Language Program Curriculum Facilitator for Guilford County Schools, and formerly worked at Sedgefield Elementary as an English as Second Language teacher.)

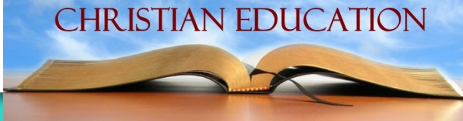


★ HAPPY ★
BIRTHDAY!



August 2020
Pastor Priddy my Members,
Thank you for the expressions of love shared with me on my 100th Birthday celebration, you continue to be a blessing to me! The beautiful plant is still bringing much joy, thanks!
With Love,
Classie Meredith





YOUTH GROUP

High school students will be going to an escape room for \$35 on Thursday, September 10. This will be in the evening. Please

have them RSVP to jamestownpastorcasey@gmail.com by September 3 so she can schedule the group and get a time. Middle school is doing a fun scavenger hunt around the Jamestown Pres campus on the 25th of September. This will be from 5:00-6:30.

To sign up, or for more information, please contact Casey Riker, Director of Youth Ministry, Jamestown Presbyterian at 336-454-3718.

Hello!

The preschool is looking forward to opening on September, 28th! We are in process of developing COVID protocols in order to make it safe for our little ones to return. We have missed them greatly.

The preschool is also expanding! We are looking to add a class of 4 year-olds. The preschool is in the process of hiring for this position.

We would like to thank all those here at the church who are supporting reopening the preschool and helping with this tedious process.

Happy First Day!



Attention All Cooks!

The volunteers taking part in this very important ministry prepare and deliver food to those who are ill, who have had a death in their family, or are recovering from a medical procedure.



To request help with a meal, or to volunteer, please contact Diane Weeks, at dianeweeks54@gmail.com.

Church Connections



A great team of volunteers send notes and goodie packages to our young adults so they know they are always in our prayers at SPC.



Thanks, parents for sending in students' addresses! If there are changes or additions, please send to dianeweeks54@gmail.com



Sedgfield Presbyterian Church

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